

## ADULT MENTOR APPLICATION

### Background Information:

Youth mentoring programs have had a profound effect on the quality of life for disadvantaged, single-parent or otherwise 'at-risk' identified children all over the country and around the world. Nationally, the well-known mentoring program, Big Brothers/Big Sisters, found that mentored children were significantly *less* likely than their peers to use illegal drugs or alcohol, skip school or be welfare dependant as adults. In addition, these children were significantly *more* likely to graduate from high school and from a college or university.

Connecticut results are similarly positive: One survey of caseload files of children in mentoring relationships found that 77% improved school grades; 63 % improved school behavior; 93% stayed free of drugs or alcohol or both and 96% stayed out of gangs! These are impressive results! Clearly, mentoring makes a difference!

The Safe Harbor Project Mentoring Program seeks to expand the quality of life benefits of mentoring to an additional group of at-risk youth – Lesbian, gay, bisexual and transgender (LGBT) youth. LGBT youth meet all of the requirements for inclusion in an "at risk" or "high risk" category. All too often, youth who are (or who are perceived to be) LGBT are met with harassment and violence at home, at school, and in the community at large. The social isolation and stigma attached to sexual minority status leads to significantly higher rates of substance abuse, suicide attempts and completions; truancy; school drop-outs; running away and homelessness. For a variety of reasons, existing programs – virtually without exception – overlook or ignore the needs of LGBT adolescents. Understanding the issues that these young people face can create an environment where they can benefit from the adult caring and support that is at the heart of mentoring.

### Minimum Mentor Requirements:

- ☐ Desire to make a profound difference in the life of a young person
- ☐ Willingness to spend 1-3 hours a week with one's mentee, a minimum of three times a month for one year.
- ☐ The ability to pass a criminal, child welfare, and motor vehicle background check
- ☐ Successful completion of initial interview, reference check and (2) 3 hour preliminary training sessions
- ☐ Willingness to participate in monthly group mentor/mentee activities (one evening a month) as well as quarterly on-going training sessions

### Application (Please Print):

Legal Name: \_\_\_\_\_

Name you prefer to be called \_\_\_\_\_

Current Address \_\_\_\_\_  
*Street, Apt. # City State Zip*

If applicable, where do you work: \_\_\_\_\_

Work Address \_\_\_\_\_  
*Street, City State Zip*

### Contact Information

Daytime Phone: \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email (if applicable): \_\_\_\_\_

**Demographic information:** (to be used if applicable for mentor/mentee match.) This section is completely voluntary. You do not need to provide this information if you don't wish to. If you choose to fill it out, please use the terminology which is most comfortable for you. One of our goals in creating this mentoring program is to ensure that mentees are able to bring all of their 'social identities' to the mentoring relationship. Some youth may wish to have a mentor with similar racial, ethnic, language, orientation and gender background.

**Race/Ethnicity/Culture:** \_\_\_\_\_

**Languages in which you are fluent:** \_\_\_\_\_

**Gender Identity:** \_\_\_\_\_

**Sexual Orientation:** \_\_\_\_\_

**Any Other Demographic information:** \_\_\_\_\_

1. Why do you want to be a mentor? (Why do you specifically want to mentor an LGBT youth?)

\_\_\_\_\_

2. What do you hope to gain personally from mentoring? What do you hope to offer as a mentor?

\_\_\_\_\_

3. If you are Lesbian, Gay, Bisexual or Transgender, what was your own "coming out" process like? What impact did your coming out have on your life, your relationships with family and friends? What are your relationships with family and friends like now?

\_\_\_\_\_

4. What concerns do you have about mentoring or your participation in the program?

\_\_\_\_\_

Personal References: Please include name, address and phone number		
NAME	ADDRESS	PHONE
1.		
2.		
3.		

## BACKGROUND CHECK PERMISSION

Dear Potential Mentor or Foster Parent:

The following information is required in order to process the background check information.

Background checks include: child welfare, criminal history and motor vehicle reviews. Please fill out the information below, sign and date the form and return it together with your mentoring application.

Thank you again for your willingness to make a difference in the life of a youth in Connecticut!

Full Legal Name: \_\_\_\_\_

Have you ever used or gone by other names ☐ Yes ☐ No

Please list additional names if any \_\_\_\_\_

Social Security # : \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Driver's License #: \_\_\_\_\_ State \_\_\_\_\_

Current Address  
\_\_\_\_\_  
*Street, Apt. # City State Zip*

Previous Address  
*(If in current address less than 5 years)*  
\_\_\_\_\_  
*Street, Apt. # City State Zip*

\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
Print Name